



JOHAR-SOCIETY
Asha Vihar

No development aid project
in the conventional sense.



The Project



Asha Vihar: „Place of Hope“

Asha Vihar was established in 1995 and has now grown into a real place of settlement and action.. The energetic resident team consists of Germans and Indians - a community of acupuncturists, Homeopaths, physical therapists, nurses, and other good souls - as well as an impressive number of volunteers and children.

The Project

In the center of the Johar Hospital are ambulance, hospital and children's village. Thereby, a holistic approach in diagnosis, therapy, rehabilitation and an appropriate way of life will be applied in the treatment. The various forms of complementary medicine and conventional medicine are used in such a way that they maximally effective complement each other and thus meet the needs of patients and the local conditions.

The Maxim



The Maxim

Our work has shown us:
Effective help cannot be restricted to one level.

We strive, therefore, not only giving medical help, but also the caring for people in harmony with their environment, their circumstances and needs. It is particularly important for us to respect the native cultures, to preserve and promote. Not to destabilize a proven balance, and not to be rash to set our standards and ratings. Accordingly, we want to if possible not to intervene, manipulate or replace, but to integrate and find a solution within these boundaries. This means that we do not intrude, where we will not ask for help.

Our Maxim Has Three Guiding Principles:

1. Holistic complementary treatment and rehabilitation

Our actions should be adapted to the prevailing medical needs and the cultural tradition. We want to create neither needs nor disturb the system, but also support the intact, social and cultural life.

It has become apparent to us a new concept of health and illness, care and prevention as well as their ways and means.

Dogmas are mutually exclusive. We welcome all, what helps. We combine complementary therapies such as traditional Chinese and Indian medicine, homeopathy and resident therapies with conventional medicine.

2. Optimize by minimizing

Deficiency is a basic condition for the Adivasis. It forces us to reduce - and thus to optimize. Deficiency as a compulsion to curtail has helped us to focus on the essentials and to find new approaches to old values.

There is a balanced chaos in existence and the status quo needs to be maintained and not rashly changed by short-sightedness. We are looking at local problems, not complex, modern western solutions which would not integrate well.

Our credo is to be considerate, restrained and to minimize action.

For example: We have reduced newly developed operating methods to a minimum, only implementing essential improvements. Where possible we utilize locally based skills and materials.

3. Tradition – not Invasion

We do not want to destroy a way of life and replace it, but to contribute through sensitive measures to maintain harmony and well-being. At the core of our interest are the Adivasi, the original inhabitants of India.

We want to protect and promote this culture. This relationship is not one-sided. In our search for improved solutions we ourselves have learned a lot from them, from their originality, their clear truths and their respect for all things. This has also been used in our work.

As one example,our obstetrics team work in close cooperation with traditional midwives; during the construct phase the Adivasi recognized cement was an improvement on the local mudbrick building; advertising and keeping the Adivasi informed we chose street theatres; here the original media to spread ideas.

We want to improve and complement, not compete, because in its current form the system is quite harmonious and inclusive.

40 Euro ...

... are costs of the articles for body care (soap, dental cream, brushes, etc.) and clothing of a child a year.



30 Euro ...

... these are the material costs for an orthesis.

45 Euro ...

... the cost of materials for a clubfoot correction in the first year of life.



The JOHAR-SOCIETY gGmbH:

Sponsoring organization for Asha Vihar is the Johar society in Germany. As an NGO project Asha Vihar needs in India to be represented by a local association: the Peace Bird Society. A MoU (Memorandum of Understanding / Agreement) governs the responsibilities of both teams; the responsibility in every respect is in the hands of Johar Company. Their destiny is in their hands and yours. Two-thirds of the operating costs (6.000–7.000 euros per month) are needed - *by donors like you.*

Trade register: Amtsgericht Hannover HRB 201556

The JOHAR-FOUNDATION:

To save the project Asha Vihar long term, in 2008 the Johar Foundation was launched, which must be registered in accordance with a capital of 2 million euros equipped. From the earnings of the foundation part of the costs of Asha Vihar is to be financed, hopefully in the near future. If you want to provide us with money in this sustainable sense you must declare this as an *external donation.*

The Johar Hospital is a health project with many nursing and promoting initiatives for the rural population in Jharkhand, India.

Our philosophy is holistic care, which retains the original and connects it sensitively with the new.



The Johar Hospital in Asha Vihar is a project of the Johar Society.

www.johar.de
info@johar.de



The Work



Clinic and Ambulance:

The hospital and ambulance centers allow us to complement the care of medically acute and long term care for a growing number of patients: **200 patients are seen on an outpatient basis every day now, and approximately 50 inpatients.**

We also provide pre natal and post natal care in the villages and on our maternity ward. Since 1998 a German team has given up their holidays to regularly operate on children with clubfeet, polio and other damage to the musculoskeletal system. Our physiotherapists, a plaster department and a workshop for orthopedic aids allow us to provide continuing care to the patients.

The Work in the Villages:

From Asha Vihar, we perform preventive measures in the villages. Projects include, maintenance of drinking wells ensuring clean water. We carry out vaccinations by trained health workers and care for tuberculosis patients, and monitor and report the incidence of polio cases. In six villages about 30 km away, we have set up outposts to ensure that there is a basic medical care.

Our Children:

Our **Children's Village** consists of five traditional mud houses, in which 30 orphans of all ages live. Outside the school, the children organize their direct sphere of life themselves - which works great.

The School:

In two school buildings, our Indian teachers look after the young children in the context of the nursery and teach the older ones from the 1st to the 4th grade in all subjects (officially recognized). After that children have to go to school in the neighboring village. For gifted students, there is the opportunity to attend a high school in the nearby town.

Professional Education.

Young people with an appropriate graduation can be trained in our project in particular occupations, both our own young people as well as external: in TCM, orthopedics and physiotherapy, as midwives and nurses in collaboration with relevant schools in the capital Ranchi.

Self-Sufficiency:

It is a part of our guiding principles, to be self-sufficient and thus become decreasingly dependent on external factors.

Water supply: The nationwide declining groundwater levels let dry up our wells in 2002 - an existential crisis! She forced us to a complex solution: Strict separation of drinking and industrial water; the construction of a large overflow dam and a huge surface water well near the river flowing past the project.

The success was cross: Since 2007 there are no more water shortages in Asha Vihar.

Energy:

Our goal is a power supply largely based on own solar energy. In the children's village, the hospital, the ambulance and the staff canteen this concept is already fully implemented. A highly modern medicines refrigerator runs exclusively on solar power. Energy-intensive units (water pump, autoclave, operating systems) are operated via a generator.

Finances:

Asha Vihar will always remain dependent on donations, since the medical care of the poor is the central idea of the project. Nevertheless, the project achieves a portion of the costs, currently that's a third of the budget - through self-generated Ayurvedic medicines (greenhouse, open cultivation and collection of wild plants) and graduated handling fees for wealthy patients.

Personal Management:

Also in the human resources policy, our goal is considerable independence from external influences: Vocational integration of our orphans in the project; Accommodation for our staff in residential apartments within the project and immediately adjacent (family quarters for six families); Extensive occupation of the managing board of our Indian society (Peace Bird Society, PBS) by people from Asha Vihar.

Management Board:

Claudia Zechel (*Project leader Asha Vihar*)
Dr. Birgit Seybold-Kellner

Office in Germany:

Doris Ratz
Masurenweg 27
30900 Wedemark
Tel. 0049 5130 9286 980
Fax 0049 5130 9286 976
buero@johar.de

Information and organization of lectures:

Doris Pazolt
Grünstadter Str. 88
67283 Obrigheim
Tel. 0049 6359 6812
Fax 0049 6359 961 141
info@johar.de

Information:

Martina Braun-Zweck
Sebastianstrasse 14
92224 Amberg
Tel. 0049 9621 970 001
Fax 0049 9621 970 002

Data: Status 2012

Staff in Asha Vihar/India:

65 people
(Head of Administration, practitioners of TCM, homeopathy, Ayurvedic medicine, midwives, teachers, child minders, gardeners, kitchen staff, electricians, cleaning staff)

Facilities:

- Hospital with 120 potential hospital beds, two full surgical tracts, a functional department (orthopedics, physiotherapy, plaster Department), an emergency room.
- Polyclinic (outpatient) with four specializations / Medical Sciences (TCM, homeopathy, ayurvedic medicine, traditional medicine) with 18 employees.
- A maternity ward
- A children's village with 5 houses, a primary school with nursery.
- A staff canteen.
- Staff accommodation within the project (25) and in the adjacent family quarters (6).

Total operating costs:

Asha Vihar by itself generates approx.: 3000 Euro/Month
Donations from Germany: 6000 Euro/Month

Our Children



25 Euro ...

... of these, the monthly cost for the nourishment of our children can be paid.

Self-Sufficiency



Finances



Contact

Data

Our society is neither confessional nor politically tied. We are a non-profit society. In Germany, all members of our staff are volunteers.



Donations Accounts:

Commerzbank
IBAN: DE09 1008 0000 0787 3013 00
SWIFT-BIC: DRES DE FF 100

Volksbank Delmenhorst
Schierbrock e.G.
IBAN: DE53 2806 7170 0161 9632 00
SWIFT-BIC: GENO DE FIGSC

Foundations Account:

MLP Bank AG
IBAN: DE8667 2300 0000 0293 8259
SWIFT-BIC: MLPB DE 61